

# NOTICE TO ALL EMPLOYEES

**If you become injured at work, you must see one of the following medical providers for initial medical care.**

## ADAIR COUNTY

### GATEKEEPERS

**Cooper Chiropractic Center**

117 Merchant St  
Columbia, KY 42728-1437  
(270) 384-5772

**Cooper-Henson, Jaclyn K., DC**

**Grant Chiropractic Center**

908 Russell Rd  
Columbia, KY 42728-1036  
(270) 384-3271

**Grant, Anthony W., DC**

**Herreira, Anastacio, MD**

40 Grant Ln  
Columbia, KY 42728-2233  
(270) 384-6066

**Rogers Chiropractic Office**

920 Russell Rd  
Columbia, KY 42728-1036  
(270) 384-5554

**Rogers, Ronald, DC**

### HOSPITAL

**Westlake Regional Hospital**

901 Westlake Dr  
Columbia, KY 42728-1123  
(270) 384-4753

A complete directory is available for review at <http://www.focus-ppo.com/kymco>

These medical providers have been chosen by your employer as our first choice of medical providers for injuries sustained on the job, pursuant to the Kentucky Department of Workers' Claims regulation 803 KAR 25:110E and statute KRS Chapter 342. The Concentra Managed Health Care Plan system has been selected by your employer and is designed to help you receive timely and effective medical care and treatment for your work-related injuries and to help you return to work as soon as medically possible.

**If you have any questions see your supervisor or call:  
Concentra at (866) 624-6390**